



## **RULES SPRING NIGHT RUN 31 MAY 2024**

A.S.D. F.O.R. organizes the 8th Spring Night Run, 11Km race, inserted in the national calendar of FIDAL (ITALIAN ATHLETICS FEDERATION). It will take place on May 31 2024, starting at 8.45 p.m. from the Three Peaks Point of View and arriving at the Grand Hotel Park in Dobbiaco.

### **REGISTRATION OF ITALIAN ATHLETES RESIDING ANYWHERE, AND FOREIGN ATHLETES RESIDING IN ITALY**

In accordance with FIDAL regulations for the organization of events, participation is open to all the following Italian athletes (residing both in Italy and abroad) and non-Italian athletes residing in Italy, who are at least 18th years old on the date of the Spring Night Run (May 31 2024):

- a) Athletes that are members of associations affiliated to FIDAL, in the different competitive and promotional activities. In case of registration before the renewal of the membership, the athlete shall forward as soon as possible copy of the FIDAL 2024 renewal form, indicating the membership card number.
- b) Athletes with Fidal Runcard. Athletes must forward a doctor's certificate confirming fitness for sports competitions, specifically containing the wording "ATHLETICS", during the registration phase or subsequently directly on the ENDU portal. The original certificate must also be presented upon collection of the racing bib. These athletes shall be excluded from the awarding of both category and absolute prizes.
- c) Athletes that are registered members for Sports Promotion Bodies (Enti di Promozione Sportiva - EPS), only if in possession of appropriate "EPS RUNCARD" issued by Fidal. These athletes must forward a doctor's certificate confirming fitness for sports competitions, specifically containing the wording "ATHLETICS", during the registration phase or subsequently directly on the ENDU portal. The original certificate must also be presented upon collection of the racing bib. These athletes shall be excluded from the awarding of both category and absolute prizes.  
Athletes with EPS membership only are not eligible to take part in the event.

### **REGISTRATION OF ATHLETES WITHOUT ITALIAN MEMBERSHIP**

Registration is open to Italian/foreign athletes without Italian membership who are in their 18th year of age, and meeting at least one of the following requirements:

- Athletes with membership to a club affiliated with non-Italian Athletics Federations recognized by IAAF. Upon registration, athletes must present: self-certificate stating possession of an IAAF recognized membership card. The self-certificate shall then be undersigned (in original) upon collection of the racing bib.

• Athletes possessing a Runcard (valid as sports insurance and permission to complete), who are at least 18th years old. However, in addition to the possession of the "RUNCARD", permission to take part in the event is also subjected to the presentation of a valid doctor's certificate confirming the fitness of the athlete for participation to athletic events.

The original certificate must be shown to the Organizers, while a copy must be kept by the company organizing each event.

For foreign athletes not residing in Italy, the doctor's certificate may be issued in their country of residence, provided that all the exams contemplated by Italian law are carried out:

- a) medical check-up;
- b) complete urine test;
- c) electrocardiogram at rest and under stress;
- d) spirometry.

During the ON-LINE registration, the certificate form will be provided in EN-DE. This must be filled and undersigned by the doctor, and forwarded to [springnightrun@evodata.it](mailto:springnightrun@evodata.it). Incorrect documentation shall result in the exclusion of the athlete from the competition, without any refund for the registration fee paid. The Organizers will only accept ON-LINE registrations through the ENDU portal paid by credit card or bank transfer.

INFO: [springnightrun@evodata.it](mailto:springnightrun@evodata.it)

## **REGISTRATION FEES**

The registration fee shall increase as follows every time a set threshold number of participants is reached:

### **Spring Night Run 2024**

- from 001 to 100 - € 25
- from 101 to 200 - € 30
- from 201 to 300 - € 35

Transaction and bank charges included

Registrations will be accepted the day of the race, until 7.30 pm at a cost of € 38.00, only if the 300 entries have not been reached.

The registration fee, non-refundable under any circumstances, includes: bib number with chip, medal, gadget, medical assistance, refreshment along the way and on arrival, transport participants with shuttle bus after the race, from the arrival area, Grand Hotel Park, to Landro Lake, start area, transport of personal effects from the start area to the arrival, changing rooms and showers.

## **REGISTRATION CLOSING**

Registration will close May 29 2024 at 24:00

The Organization reserves the right to close early if the maximum number of 300 members is reached.

## **FAILURE TO ATTEND**

The registered athlete who for various reasons can not participate at the competition, will have the possibility to postpone the registration for 2025 until 26 May 2024, at a cost of € 8.00 for secretariat fees.

The postponement must be requested by sending an email to [springnightrun@evodata.it](mailto:springnightrun@evodata.it)

## **RACING BIB COLLECTION**

Meeting point: Grand Hotel Park in Dobbiaco

Bib number collection from 5.00 p.m. to 6:30 p.m. at Grand Hotel and from 7:30 p.m. to 8:20 p.m. at the starting area.

Shuttle Bus Service from Grand Hotel to Lake Landro at 7.40 p.m.

**Important:** no bus service after the race.

## **ROUTE**

Start at the foot of Tre Cime di Lavaredo towards Landro Lake and direction Dobbiaco along the railway track, passing near Dobbiaco Lake and arrival at Grand Hotel Park in Dobbiaco.

**TIME LIMIT:** 2:00 H

## **VERY IMPORTANT**

Bring the front lamp (personal), this will not be provided by the organization, and the bib number with integrated chip. The bib number must be applied to the front of the T-shirt. Athletes who cross the finish line without the front lamp will not be classified.

There will be a refreshment point halfway and a final one arrived at Grand Hotel Park in Dobbiaco.

## **TIMING & CHIP**

Times will be recorded using a microchip, which also gives the possibility of recording the actual time. Chips are strictly personal and cannot be swapped. Competitors not going through the control lanes shall be disqualified.

Chips must be worn on the chest.

Their removal shall result in exclusion from the standings.

The results will be published on the following website:  
<https://www.cortinadobbiacorun.it> and [www.endu.net](http://www.endu.net)

## **HEALTH SERVICE**

The service doctor and specialized personnel will follow the event, with an ambulance in tow.

## **AWARD CEREMONY**

At Grand Hotel Park (arrival area) at 10:00pm.

The first 10 men and the first 10 women in the general classification will be awarded and the first 3 society (only FIDAL one) with the most classified on arrival will be awarded prizes.

## **DISQUALIFICATION**

Participation using the racing bib of another runner, giving the racing bib to someone else, short-cuts, or any other serious breaches identified by the Organizers, shall result in exclusion from the competition and disqualification, in addition to other disciplinary measures contemplated by FIDAL.

The racing bib cannot be removed or reduced.

## **INSURANCE**

The Organizers have undertaken third party civil responsibility insurance policies for individual injuries.

## **IMAGE RIGHTS**

In registering for taking part at the 8th Spring Night Run, the athlete expressly grants to the Organizers and any legal entities with whom the same entertain professional and commercial relations relating and connected with the taking of images of the event, free rights for the use of still images or video feeds on which he/she may appear, shot during his/her participation to the Spring Night Run, on any visual supports, as well as on promotional and/or advertising materials produced and distributed all over the world, for the maximum period of time contemplated by the law, the regulations and the treaties in force, including any extensions that may be applied to the legally set period.

## **RESPONSIBILITIES AND PRIVACY**

By registering his/her participation to the Spring Night Run, the athlete hereby confirms full knowledge and acceptance of these rules, that everything he/she states is the truth, and to relieve the Organizers from all civil and criminal responsibility for any damage to people and/or property that he/she may cause, or that may result from his/her actions.

## **FINAL WARNINGS**

The Organizing Committee reserves the right to amend these regulations at any time for reasons it deems appropriate, for a better organization of the race, after having given notice and obtained approval from FIDAL. For anything not provided for in these regulations, the statutory technical regulations of FIDAL and the G.G.G. shall apply. Any changes to services, places and times will be duly communicated to the registered athletes or will be reported on the website [www.cortinadobbiacorun.it](http://www.cortinadobbiacorun.it).

## **ORGANIZATION / CONTACT:**

**A.S.D. F.O.R. - Foundation Organization Running**  
Via Dolomiti 26 – 39034 Dobbiaco (BZ)

**CONTACT:** +39 320.4486783 - +39 333.2188687  
[info@cortinadobbiacorun.it](mailto:info@cortinadobbiacorun.it) – [www.cortinadobbiacorun.it](http://www.cortinadobbiacorun.it)

**REGISTRATION INFO:**  
[springnightrun@evodata.it](mailto:springnightrun@evodata.it)